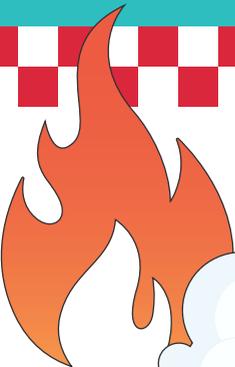




# Check fire safety at home



PUPIL BOOKLET FOR  
5TH-7TH GRADE CLASSES



ENGLISH





**Check  
fire safety at home  
with us!**

## Did you know

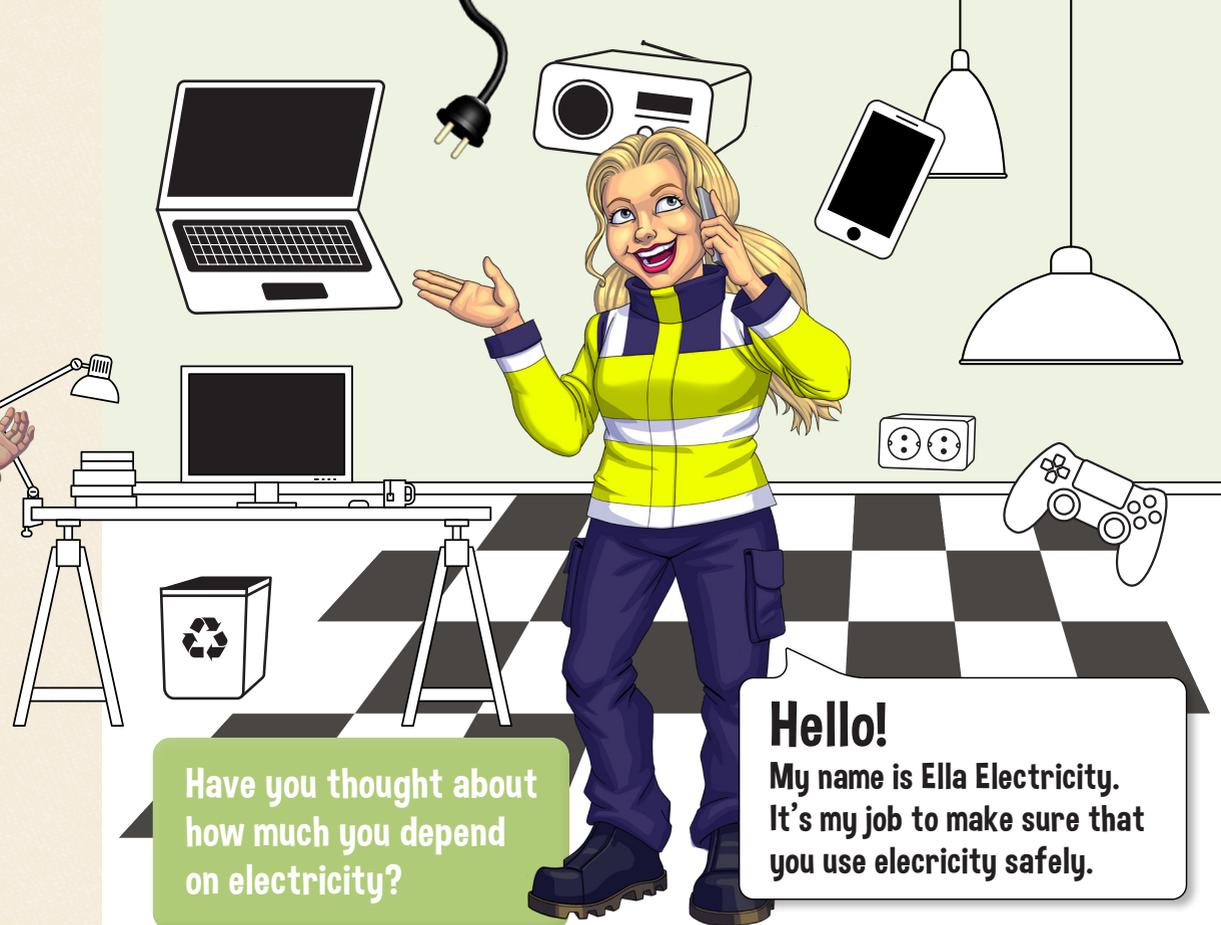
**- that the fire and rescue service is called out to put out fires at least once an hour?**

And that more than half of all fires are caused by the use of electricity?

Those of us who work in the fire and rescue services and at the Norwegian Directorate for Product and Electrical Safety (Eltilsynet) dream of fewer fires and accidents in house and home. But we need your help to make it happen. Help us save lives and valuables!

The following pages list a number of things that really concern us. For each topic, your task will be to check one thing at home. At the back of the booklet there's a checklist where you can make a note of what you learned.

**Good luck!**



**Have you thought about how much you depend on electricity?**

**Hello!**  
My name is Ella Electricity. It's my job to make sure that you use electricity safely.

You use it for almost everything you do! For example, you may be reading this in the light of a desk lamp. And you may be listening to music while you read. And checking your smartphone a little too often... Take a look around you right now. Count how many things you see that run on mains power or batteries. You probably have a lot of things that you need to charge every once in a while. As a rule, charging your devices is completely safe – but there is always a tiny risk of fire. The charger may be defective, or the battery itself may be damaged. Chargers, smartphones and other chargeable devices might be covered by clothes, pillows or other items that cause them to overheat.

### TASK 1



**My task for you is:**

Check all the rooms in your home. Can you find any chargers that are showing signs of wear or damage? Put an X in the circle in the checklist on page 7.

Hi there!  
Phillip Sweepson  
here.



## The smoke detector

As sweeps, we always start by checking chimneys and fireplaces. But we also make sure that people have the most important life-saver of all installed in their homes: The smoke detector.

- You know, that little white thing on the ceiling, that just sits there looking like it's doing nothing. In fact, **smoke detectors** do a really important job for us. If a fire starts while we're asleep, it's not certain that we'll wake up on our own. That's why we need smoke detectors. They warn us of fire in time, so that we can all make it out safely. But unfortunately, I come across far too many smoke detectors where the battery is dead or has been taken out. Can you give me a hand here?

### TASK 2

#### My task for you is:

Test at least one smoke detector in your home by pressing the test button. Does it work? Put an X in the circle in the checklist on page 7. PS Start by asking if the alarm system in your home is connected to an alarm company; if so, have a grown-up help you.



Hi!  
My name is Salim  
Safeguardson.



## Fire drill

I work with prevention, which means everything we can do to stop fires breaking out. It also includes everything we can do to limit the damage as much as possible if a fire does start.

To become good at something, we have to practise. When there is a **fire drill** at school, we practise making our way to the meeting point as quickly as possible. But do you have a **meeting point** like this at home? Imagine if a fire breaks out and everyone in your family leaves through different exits. All of a sudden, someone's in the garden, someone's in the driveway and someone's at the neighbour's house. In all the chaos and confusion, it's hard to know if everyone's made it out safely. That's why all families should agree on a fixed meeting point just in case something happens. My advice is to choose a place that's easy to remember - and at a safe distance from the building. For example, it could be a car park or next to a post box.

### TASK 3

#### My task for you is:

Check whether your family has agreed a meeting point outside the home in the event of a fire. Put an X in the circle in the checklist on page 7.





Hi there!  
My name is Rachel  
Rescueton.

I'm the one who runs into the building  
when everyone else is running out.  
But I could never enter a burning  
building without protective equipment,  
a breathing mask and years of training.  
Because smoke and fire are really,  
really dangerous.

This is something I learned when I was still young. I burned my arm badly when I was helping make doughnuts at Christmas. The oil got too hot and caught fire – and then I tried to pick up the pan. I should probably just have put a lid on it and turned the cooker off.

**Tip:**

If you burn yourself, quick and appropriate first aid can stop the injury getting worse. **The rule of thumb is 20/20.** Cool the skin down with water at about 20 °C for about 20 minutes.

#### TASK 4



#### My task for you is:

Check whether the grown-ups at home know the 20/20 rule for first aid for burns. Put an X in the circle in the checklist on the next page.

## CHECKLIST



### TASK 1

Check all the rooms in your home. Can you find any chargers showing signs of wear or damage? If you don't find any, put an X in the "OK" circle.

OK

NOT OK



### TASK 2

Test at least one smoke detector in your home by pressing the test button. Does it work? I hope you can put an X in the "OK" circle ...



### TASK 3

Check whether your family has agreed a meeting point outside the home in the event of a fire. Put an X in the "OK" circle.



### TASK 4

Check whether the grown-ups at home know the 20/20 rule for first aid for burns. If so, put an X in the "OK" circle.



# THE FIRE SAFETY GAME



## Play the Fire Safety Game

Rachel Rescueton, Salim Safeguardson, Ella Electricity and Phillip Sweepson need your help. All kinds of strange things are going on at the Ashburn family home on Whrong Street. Your job is to make sure the family doesn't set fire to their home, because the people living there have no idea about fire and electrical safety! You can play the Fire Safety Game in the browser on your computer. You'll find it at [brannvernskolen.no](http://brannvernskolen.no). Good luck!

## Would you like to find out more about fire and electrical safety?

Here are some websites that contain more information:  
[www.sikkerhverdag.no](http://www.sikkerhverdag.no) | [www.elsikkerhetsportalen.no](http://www.elsikkerhetsportalen.no)  
[www.brannvernforeningen.no](http://www.brannvernforeningen.no)



BRANNVESENET

This teaching material about fire and electrical safety for Pupil booklet for 5th-7th grade classes has been prepared for [brannvernskolen.no](http://brannvernskolen.no). The material is developed by the Norwegian Fire Protection Association and Norwegian Directorate for Civil Protection in collaboration with Det lokale eltilsyn, the fire department and insurance company Gjensidige.