

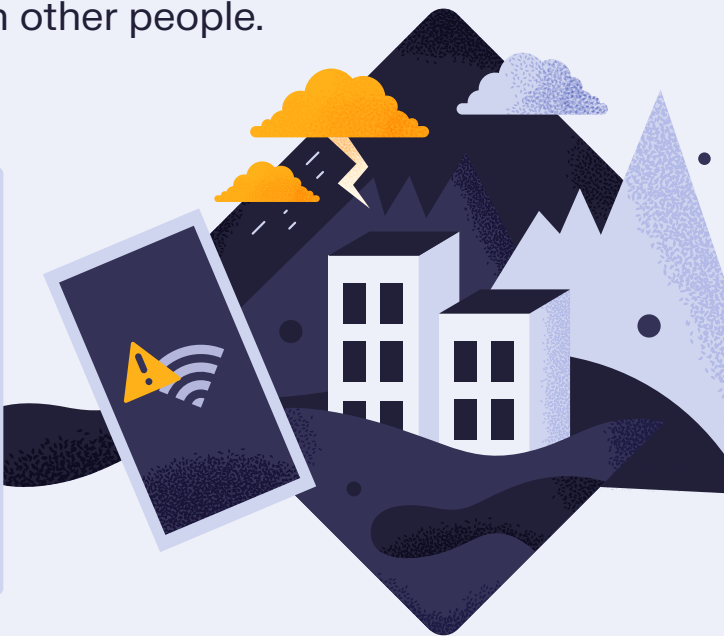
Information

If your mobile phone network and internet are both down

These simple steps will make it easier to access important information and stay in touch with other people.



Find out more
at dsb.no



1

Find out how your municipality shares information

Check whether your municipality has plans to set up one or more information points or other measures in place for sharing important information.

2

Become a preparedness buddy

Find out who you can help, who can help you, and what equipment you can share. Agree on a place to meet in case you can't get in touch with each other.

3

Get a DAB radio

With a DAB radio powered by batteries, solar panels or a hand crank, you can receive important information from the authorities even if the internet is down. NRK P1 is the emergency preparedness channel.

4

Compare subscription plans with different mobile phone networks

Do you have someone in your immediate circle who has a subscription with a different mobile network than yours? That way, not everyone will lose their service at the same time if a fault occurs in one of the mobile phone networks.

5

Find out how to communicate over Wi-Fi

If your mobile phone network is down but the Internet is working, you can still communicate over a wireless network (Wi-Fi). Turn on Wi-Fi calling and agree which apps you will use to stay in touch.

6

Charge your power bank and devices you might need

Keep a fully charged power bank on hand, along with extra batteries for your radio. Your mobile phone can still be useful, e.g. as a torch or when your phone signal is intermittent.

7

Check whether your municipality has strengthened its mobile phone network

Many municipalities have base stations with a backup power supply which will last for up to three days, often located close to municipal buildings or town halls.